

Provisional Programme V2 as of 15 October 2023

October 22 - 26, 2023

TUNIS, TUNISIA

African Olympic & Paralympic Qualification Regatta (AOPQR) African Rowing Championships (ARCs), Tunis

Sunday 10/22/2023	Monday 10/23/2023	Tuesday 10/24/2023	Wednesday 10/25/2023	Thursday 10/26/2023
TMM & Draw Team managers' meeting & draw at the rowing venue at 15:00	Training 07:30 - 8:30	Training 07:30 - 8:30	Training 07:30 - 8:30	Training 07:30 - 8:30
	Heats 9:00 * PR1 M1X 9:10 * PR1 W1X 9:20 * PR3 Mix2x 9:30 W1X 9:40 W1X 9:50 W1X 10:00 M1X 10:10 M1X 10:20 M1X 10:30 *LM2X 10:40 *LW2X 10:50 BLM1X 11:00 BLM1X	SF A/B 9:00 W1X 9:10 W1X 9:20 M1X 9:30 M1X Final A 9:40 U19M2X 9:50 U19W1X 10:00 W2X 10:10 M2X 10:20 LM1X 10:30 LW1X 10:40 BM1X 10:50 BLM2X 11:00 BW1X 11:10 BLW2X 11:40 ** TMM	Finals C 9:00 W1X 9:10 M1X Finals B 9:20 W1X 9:30 M1X Finals A 9:40 PR1 W1X 9:50 PR1 M1X 10:00 PR3 Mix2x 10:10 W1X 10:20 M1X 10:30 LW2X 10:40 LM2X Final A 10:50 U19M1X 11:00 U19W2X 11:10 BM2X 11:20 BLM1X 11:30 BW2X 11:40 BLW1X	Spare Day
	Repêchage 15:00 W1X 15:07 M1X 15:14 M1X 15:21 BLM1X 15:51 ** TMM Training 15:40 17:20	Training 15:00 17:20		

Umpires' Exams and seminar : October 22 , 23, 24 2023 at El Mouradi Gammarth hotel

* Preliminary Race

** TMM Team managers' meeting

Legend

Para-Rowing categories for APQR	Under 23 Categories for ARCs	Senior categories for ARCs
PR1 M1X PR1 Men's Single Sculls	BM1X Under 23 Men's Single Sculls	LW1X Lightweight Women's Single Sculls
PR1 W1X PR1 Women's Single Sculls	BM2X Under 23 Men's Double Sculls	M2X Men's Double Sculls
PR3 Mix2x PR3 Mixed's Double Sculls	BW1X Under 23 Women's Single Sculls	W2X Women's Double Sculls
	BW2X Under 23 Women's Double Sculls	LM1X Lightweight Men's Single Sculls
Juniors categories	BLM1X Under 23 Lightweight Men's Single Sculls	Olympic categories for AOQR & ARCs
U19M1X Under 19 Men's Single	BLM2X Under 23 Lightweight Men's Double Sculls	M1X Men's Single Sculls
U19M2X Under 19 Men's Double Sculls	BLW1X Under 23 Lightweight Women's Single Sculls	W1X Women's Single Sculls
U19W1X Under 19 Women's Single	BLW2X Under 23 Lightweight Women's Double Sculls	LM2X Lightweight Men's Double Sculls
U19W2X Under 19 Women's Double Sculls		LW2X Lightweight Women's Double Sculls