



**WORLD ROWING OLYMPIC AND PARALYMPIC CONTINENTAL QUALIFICATION REGATTA**  
**AFRICAN CHAMPIONSHIPS REGATTA**  
**EVENT BULLETIN**

TUNISIA AFRICA OLYMPIC QUALIFICATION REGATTA (AOQR) 23-26 OCTOBER  
AFRICAN CHAMPIONSHIPS REGATTA (ACHS) 28-29 OCTOBER

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**INTRODUCTION**

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As part of the 2023 Africa Rowing calendar of activities, World Rowing (WR) and the Tunisian Rowing Federation (TRF) are hosting the Olympic and Paralympic Rowing Qualification Regatta for Africa in Tunis, from 23 - 26 October 2023.

Immediately following the WR Continental Qualification Regatta (AOQR), the Africa Championships (ACHS) will be held from 28-29 October 2023.

**This bulletin includes important official communication on entries and accreditation for the two above mentioned events.**

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**ENTRIES**

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**AFRICA OLYMPIC and PARALYMPIC QUALIFICATION REGATTA (AOQR) 23-26 OCTOBER**

Entry deadline: **Friday 6 October 2023**

Entries must be made online through: <https://rowingtwo.sportresult.com/>

For any questions regarding the entry process please contact Monika Briedyte [monika.briedyte@worldrowing.com](mailto:monika.briedyte@worldrowing.com) and Prateek Gumber ([prateek.gumber@worldrowing.com](mailto:prateek.gumber@worldrowing.com)).

**AFRICA CHAMPIONSHIP REGATTA 28-29 OCTOBER**

Entry deadline: **Friday 13 October 2023**

Entries must be made online through: <https://rowingtwo.sportresult.com/>

For any questions regarding the entry process please contact Monika Briedyte ([monika.briedyte@worldrowing.com](mailto:monika.briedyte@worldrowing.com)) and Prateek Gumber ([prateek.gumber@worldrowing.com](mailto:prateek.gumber@worldrowing.com)).

**Entries for the Olympic Continental Qualification Regattas should be accompanied by a letter from the NOC confirming that the athletes entered are eligible according to section C Athlete eligibility ([qualification system for the Paris 2024 Olympic Games](#))**

**Entries for the Paralympic Continental Qualification Regattas should be accompanied by a letter from the NPC confirming that the athletes entered are eligible according to [Paris 2024 Paralympic Games Qualification Regulations – athlete eligibility](#)**

World Rowing will organize a webinar for African countries on event entry procedures for AOQR, APQR and ACHs on 14 September 2023. An official invitation will follow this bulletin.

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**ACCREDITATION / CREW REGISTRATION**

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Crew members and team officials will receive their accreditation at the registration desk in Tunisia. Team Leaders will be required to bring photo identification (passport or international identification card) of all members to collect the accreditation for their crews. All competitors are required to carry their accreditation with them throughout the event.

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**ACCOMMODATION**

Accommodation will be at Hotel El Mouradi Gammarth and will be available on a full-board basis, namely dinner, bed, breakfast, and lunch.

The cost of full-board accommodation (breakfast and dinner) and local transport is **85,00 Euro /per person/per day in a triple room, 90,00 Euro /per person/per day in a twin room 120,00 Euro/per person/per day in a single room.**

Please contact the OC via email [oc2023@rowingevents.tn](mailto:oc2023@rowingevents.tn) and [faysal.soula@gmail.com](mailto:faysal.soula@gmail.com). More information can be found on [www.rowingevents.tn](http://www.rowingevents.tn)

As soon as possible please send an email to the above-named contacts, with the following information:

1. Full contact details (name, email, phone) of the person responsible for delegation
2. Regarding team accommodation: requests for the number of twin or single rooms must be submitted by **Wednesday 27 September 2023. Payments must be done up to 2 October 2023.**
3. Arrival and departure information: request for pick up and drop off must be submitted by **Wednesday 27 September 2023.**
4. As this is an Olympic Qualification event, we suggest you contact your respective NOCs and submit a request for support for international travel, equipment and local transport and accommodation.

Please note that passports should be valid for upward of 6 months after the date of the event; passports to be used for travel should have an expiry dated after 1 May 2024. The 6-month validity rule is a globally accepted principle and is an obligation upheld by the Tunisian Ministry of Interior.

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**OLYMPIC and PARALYMPIC CONTINENTAL QUALIFICATION REGATTA (AOQR)****EVENT FORMAT AND ELIGIBILITY**

[qualification system for the Paris 2024 Olympic Games](#)

The Olympic Continental Qualification Regatta (AOQR) is open only to those MFs that have not participated, not qualified in any events, or qualified in only one (1) event at the 2023 World Rowing Championships. There will be four (4) events at the Continental Qualification Regatta (AOQR) as listed below.

- Men's Single Sculls (M1x) - Number of boat quota places available: 5
- Lightweight Men's Double Sculls (LM2x) - Number of boat quota places available: 1
- Women's Single Sculls (W1x) - Number of boat quota places available: 5
- Lightweight Women's Double Sculls (LW2x) - Number of boat quota places available: 1

1. An eligible MF may only enter one (1) boat per event at the Continental Regatta and only in the events in which they have not already qualified at the 2023 World Rowing Championships.
2. Entries for the Olympic Continental Qualification regattas should be accompanied by a letter from the National Olympic Committee (NOC) confirming that the athletes entered are eligible according to provision of the Olympic Charter

**[Paris 2024 Paralympic Games Qualification Regulations \(at 8 August 2023\)](#)**

Only those countries that have not qualified any boats at the 2023 World Rowing Championships shall be eligible to participate in the Continental Qualification Regattas

There will be three (3) events at the Continental Qualification Regatta (CPQR) as listed below.

The highest ranked boat in each of the following medal events shall qualify:

PR1 Men's Single Sculls (PR1M1x) - PR1 Women's Single Sculls (PR1W1x) - PR3 Mixed Double Sculls (PR3Mix2x)



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**AFRICA CHAMPIONSHIPS (ACHS) EVENT FORMAT**

The following events will be offered at the 2023 African Championships (ACHS):

- U19: JW1x / JM1x / JW2x / JM2x
- U23: BW1x / BM1x / BW2x / BM2x  
LBW1x / LBM1x / LBW2x / LBM2x
- Senior: W1x / M1x / W2x / M2x  
LW1x / LM1x / LW2x / LM2x
- Para : PR1M1x / PR1W1x / PR3Mix2x

**RULES OF RACING**

For all events, racing will be run in accordance with the World Rowing Rules of Racing and Appendix R18 - Coastal Rowing Competition Regulations. [2021 World Rowing Rule Book - EN - World Rowing](#)

**PROGRAMME AND VENUE INFO**

Opening of the rowing venue for training	19 October 2023
Olympic (AOQR) and Paralympic Qualifiers (APQR)	23-26 October 2023
African Championships (ACHS)	28-29 October 2023

Venue course and opening times will be released on the event website <https://rowingevents.tn/>

**TRANSPORT AND INFORMATION ON VISAS**

Arrival and departure transfers between Carthage Airport and Hotel El Mouradi Gammarth will be provided for the period 19 - 30 October 2023 to those teams that have booked accommodation through the OC. Local transfers between the Hotel El Mouradi Gammarth and the competition venue the Tunis Lake International Development Rowing Center will be provided by the OC. Teams booking their own accommodation will not be provided airport transfers or local transport.

Please contact the Embassy of Tunisia for information on the documentation you may need to enter the country. If you need a visa to enter Tunisia, please send a request for a letter of invitation to the OC email [oc2023@rowingevents.tn](mailto:oc2023@rowingevents.tn) and [faysal.soula@gmail.com](mailto:faysal.soula@gmail.com)

The Visa application form may be accessed through the following link.  
[https://rowingevents.tn/documents/VISA\\_Form\\_Request.xlsx](https://rowingevents.tn/documents/VISA_Form_Request.xlsx)

**Please note that the Visa processes vary and can take several weeks, so you should apply as early as possible.**



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## **SAFETY AND HEALTH OF THE ROWERS**

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The ability to swim and stay afloat is essential for participants in water sports, such as rowing. The risk of tipping over or falling into the water in a rowboat can be dangerous. If athletes are unable to stay afloat, coaches need to be prepared.

In line with the World Rowing rule book, appendix R18 - Coastal rowing competition regulations, rule 14 - Safety and Health of Rowers (Rule 14) a) each rower at coastal events shall ensure that:

- i. they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the event; and
- ii. ii. they have a basic swimming ability, including being able to swim 50 m and keep their head above water unassisted for three minutes.

Accordingly, prior to attending Continental Qualifiers (AOQR) and African Championships (ACHS) 2023, all national rowing federation officials need to verify athlete compliance with appendix R18 - rule 14. Likewise, all rowers, unless they are athletes who are known to have already performed the capsized drill, must have completed the capsized drill with safe recovery.

Swim tests and capsized drills must be held in pools with at least two lifeguards present. World Rowing recommends that you contact your national swimming federation and ask for guidance, if necessary. Swimming tests should never be conducted in open water. Each national federation is required to certify the swimming ability for each rower submitted to participate in a World Rowing training camp or activity. It is recommended that members of the federation carefully read the guidelines of the British federation on swimming competitions found in section 3.6 of RowSafe, available at the link below:

<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>

Please note that all rowers must have completed a pre-competition health screening as per the World Rowing rule book, by laws to rule 14 - safety and health of rowers.

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## **SAFEGUARDING AND WELLBEING**

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World Rowing believes that it is a fundamental right of all individuals involved to be able to participate in a non-violent, safe, and respectful environment.

World Rowing acknowledges its duty of care in this regard and is committed to creating and supporting an environment and a culture free from harassment and abuse. The welfare of all individuals involved with World Rowing is paramount.

All forms of harassment and abuse constitute a violation of the World Rowing Code of Ethics, World Rowing Safeguarding Policy, and the International Olympic Committee (IOC) Code of Ethics. Thus, all behaviors and actions that constitute harassment and abuse will not be tolerated.

All MFs participating at the Continental Qualifiers (AOQR) and African Championships (ACHS) 2023 must ensure that their delegations (athletes, coaches, and officials,) respect and follow the World Rowing Safeguarding Policy. They should refrain from any behavior that constitutes any form of discrimination, abuse, or harassment to others. They



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have a duty to report any concerns about or allegations of discrimination, abuse, or poor practice via proper reporting channels.

Violation of the World Rowing Safeguarding Policy and Code of Ethics can result in formal disciplinary sanctions. You can learn more information about the World Rowing Safeguarding Policy and Procedures from the following link: [Safeguarding - World Rowing](#)

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### **COVID 19 PROTOCOLS**

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All participants who require any Covid 19 procedures must notify the OC in advance and be prepared to pay the full costs related to this service.

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### **INSURANCE & CIVIL LIABILITY**

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The participants are solely responsible for all insurance costs, for equipment and for persons. The Organising Committee declines all liabilities for all kinds of damage in and around the Continental Qualifiers (AOQR) and African Championships (ACHS) 2023. Participants are solely responsible for themselves and their material. The OC is not responsible for damages that may occur in Tunisia.

Please send a scan of your health/accident insurance to [anna.mguni@worldrowing.com](mailto:anna.mguni@worldrowing.com) and Hassen El Haj on [admi@trf.org.tn](mailto:admi@trf.org.tn)

Each MF shall ensure that it has adequate and appropriate insurance cover in place for each of its rowers and accompanying team officials (including delegates) for at least the duration of the event and the period of travel to and from. We refer to Rule 15 - insurance on the WR rule book for "adequate and appropriate insurance cover". It is mandatory that all participants have medical and incident insurance abroad, including Covid-19 coverage. Proof of the insurance contract must be sent to the OC for accreditation.

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### **COMMITMENT FORM**

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It is a priority for World Rowing to preserve the health and safety of the athletes and coaches. Please read the World Rowing Statutes, Rules of Racing and kindly acknowledge Appendix S10, Byelaw to article 57 of the rules (World Rowing Commitment Form). Safety matters and safeguarding policy are referred to explicitly to help ensure awareness amongst participants, in terms of their responsibilities and their well-being.

Rowers may only compete in the Continental Qualifiers (AOQR) and African Championships (ACHS) 2023 if they have submitted a signed commitment form. Each Team official must have submitted a commitment form before accreditation is issued. The form may be found via the following link:

[2021-World-Rowing-Commitment-Form.pdf \(d2cx26qpfwuhvu.cloudfront.net\)](#)

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### **BOATS AND EQUIPMENT**

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For participants approved by each MF and WR, Swift Racing or WinTech Racing boats will be free of charge during the racing period with a maximum of two (2) boats per nation subject to availability. The rental price of additional Swift Racing or WinTech Racing boats per seat/per day is 30,00 Euro.



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To the Federations that requested Filippi boats through the WR WuFoo Survey sent in by 20 July: note that Filippi boats will be provided as requested based on expenses being shared between the MFs, to cover shipment costs and logistics for the Filippi support staff.

For questions about equipment please contact [faysal.soula@gmail.com](mailto:faysal.soula@gmail.com)

**Each team is reminded to bring their own country stickers as they will be required for identification on oars /sculls.**

All boats and other equipment must comply with the World Rowing Rules of Racing available via this link:

<http://www.worldrowing.com/fisa/publications/rule-book>

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**WEATHER FORECAST 22-30 OCTOBER 2023**

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- During the week of the events, the following weather forecast are expected:
- Daytime temperature: 22 - 17 °C / Night-time temperature: 15 – 13 °C /
- Average Wind Speed 02- 13 Km/h / Dominant wind direction: ONO
- Humidity: 70-80% / Sunrise: 06:32 – 06:40 / Sunset: 17:38 – 17:25 /
- Water temperature: 18-20°C

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**TRF Bank details**

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- Bank Name : Banque de Tunisie Agence d'EL Menzah
- Bank address: 08, Allée Ariana 1004, Menzah, TUNIS
- Account no: 05 003 0000075535953 51
- IBAN: TN59 05 003 0000075535953 51
- SWIFT code: BTBKTNTTXXX
- Beneficiary name: TUNISIAN ROWING FEDERATION
- Beneficiary address:  
**Maison des Fédérations Sportives, Avenue de la Terre - Cité Olympique, 1003 Tunis - TUNISIE**  
**B.P : 284 El Menzah – 1004 Tunis**  
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